

Mercury amalgam fillings have been linked to many health complications such as, neurological problems and gastrointestinal problems. The research continues to grow in these areas and this is particularly important in the aging population. A paper published by Mutter (2011) titled, "Is dental amalgam safe for humans? The opinion of the scientific committee of the European Commission", is where he took the claims of the Scientific Committee on Emerging and Newly Identified Health Risks (SCENIHR) that stated, "no risks of adverse systemic effects exist and the current use of dental amalgam does not pose a risk of systemic disease" and refuted each statement with a plethora of peer-reviewed scientific research. This is one of the most comprehensive papers on the topic of mercury amalgam fillings. This paper has almost 300 cited published research papers and covers many aspects of mercury toxicity from this source. This is a must read for anyone who suspects a health problem that could be caused by exposure to mercury dental fillings.

- <https://occup-med.biomedcentral.com/articles/10.1186/1745-6673-6-2>
- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6466133/>
- <https://link.springer.com/article/10.1186/1476-069X-13-95>
- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5299553/>
- <https://www.sciencedirect.com/science/article/abs/pii/S1521661620300279>
- [https://www.detoxklinik.de/files/4515/0519/8457/2017.9\\_Environmental\\_Research\\_-\\_The\\_Toxicology\\_of\\_mercury-Current\\_research\\_an\\_emerging\\_trends.pdf](https://www.detoxklinik.de/files/4515/0519/8457/2017.9_Environmental_Research_-_The_Toxicology_of_mercury-Current_research_an_emerging_trends.pdf)
- [https://www.researchgate.net/profile/Dr\\_Louay\\_Labban/publication/323151280\\_The\\_Effects\\_of\\_Dental\\_Amalgam\\_Toxicity\\_on\\_Health\\_and\\_Nutritional\\_status/links/5a831970a6fdcc6f3eaffb4a/The-Effects-of-Dental-Amalgam-Toxicity-on-Health-and-Nutritional-status.pdf](https://www.researchgate.net/profile/Dr_Louay_Labban/publication/323151280_The_Effects_of_Dental_Amalgam_Toxicity_on_Health_and_Nutritional_status/links/5a831970a6fdcc6f3eaffb4a/The-Effects-of-Dental-Amalgam-Toxicity-on-Health-and-Nutritional-status.pdf)